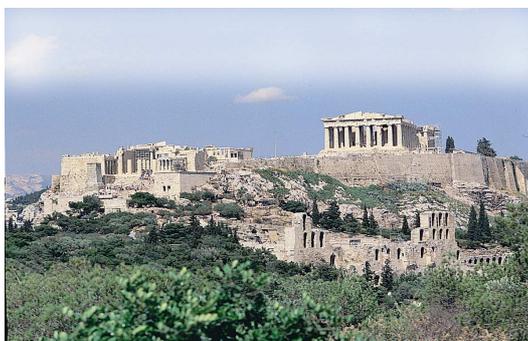


1st INCO Conference: "Supporting Research Integration" Athens, 9-10 June 2010

Post-Conference Tour Packages (optional)

Athens provides various recreational opportunities for travelers. Below you can find the most popular excursions and their costs. Kindly note that the suggested excursions are not private for the INCO Conference participants, but organized group tours (with the attendance of other visitors not related to the conference). If an adequate number of requests for an excursion is submitted, private excursions for INCO Conference participants can be organized. In this case, the final price can be lower depending on the total number of participants.

ATHENS SIGHTSEEING TOUR



On this morning tour you will have the opportunity to see all famous sites of ancient and modern Athens. During this guided tour, you will visit the **Panathinaikon Stadium**, the cradle of the first Olympic Games which took place in 1896, you will pass by the Prime's Ministers residence, Ex Royal Palace, (guarded by colorful Evzones), the Zappion Megaron (Conference and Exhibition Hall), the Roman **Temple of Olympian Zeus**, the National Garden, the Hadrian's Arc, the St. Paul's Church, the Parliament with the famous tomb of the Unknown, the Schlieman's House (Nomismatic Museum), the Catholic Cathedral, the Academy, the University of Athens, the

National Library, the Old Parliament and the Russian Orthodox Church. Of course, such a tour will not be completed without a visit to the **Acropolis Hill** (there you will have the opportunity to visit Propylae, Temple of Athena Nike, Parthenon and Erechtheion with its Porch of Maidens).

Duration: 3 ¼ hours, **Price:** 34 € per person

ATHENS SIGHTSEEING & ACROPOLIS MUSEUM



On this morning tour you will have the opportunity to see all famous sites of ancient and modern Athens. During this guided tour, you will visit the **Panathinaikon Stadium**, the cradle of the first Olympic Games which took place in 1896, you will pass by the Prime's Ministers residence, Ex Royal Palace, (guarded by colorful Evzones), the Zappion Megaron (Conference and Exhibition Hall), the Roman **Temple of Olympian Zeus**, the National Garden, the Hadrian's Arc, the St. Paul's Church, the Parliament with the famous tomb of the Unknown, the Schlieman's House (Nomismatic Museum), the Catholic Cathedral, the Academy, the University of Athens, the

the National Library, the Old Parliament and the Russian Orthodox Church. Of course, such a tour will not be completed without a visit to the **Acropolis Hill** (there you will have the opportunity to visit Propylae, Temple of Athena Nike, Parthenon and Erechtheion with its Porch of Maidens). After visiting the Acropolis monuments, you will continue with a pleasant short walk, passing by Herodion and Dionysos Theater, in order to visit the new **ACROPOLIS museum**. Main attractions such as votives, artifacts of every day life, statues from archaic period, Caryatids, and of course the Parthenon hall with the metopes, the pediments and the frieze will surely impress you.

Duration: 5 hours, **Price:** 46 € per person



DELPHI

Explore one of the most famous sites of classical Greece on a day tour, from Athens to magnificent Delphi, which is one of the national treasures of Greece and Unesco's world heritage monument. We will depart via the national highway passing by Thebes, we will have a short stop at Levadia and we will arrive in **Delphi** at around noon. Famous for its theatre, Temple of Apollo and ancient ruins, Delphi was considered the centre of the earth and the universe, and played a central role in the classical Greek world. Pass by **Castalia Spring**, visit at the archaeological site the **Temple of Appolo**, famous for its oracle and the **Museum** of Delphi, with it's spectacular findings, including the unique bronze Charioteer, the Naxian Sphinx and the Statue of Antinoos. After lunch we will return to Athens via the picturesque mountain village of **Arachova**, built on the south slopes of Parnassus, well known for its attractive hand-woven carpets, rugs and quilts, as well as for its wine and cheese (short stop).



Duration: 10 hours, **Price:** 63 € per person

CAPE SOUNIO



This is a great half-day tour option if you're looking to explore Attica beyond Athens, complete with stunning views and world-class Greek ruins.

Depart for a wonderful drive along the scenic coastal road which affords a splendid view of the Saronic Gulf, passing through some of Athens most beautiful suburbs (Glyfada, Vouliagmeni, Varkiza) to **Cape Sounion**. Cape Sounion is only 45 miles (70 kilometers) from Athens, making it the perfect lazy afternoon destination. The Cape's Temple of Poseidon is perched on a rocky hilltop overlooking the sea. The view across the Aegean is magnificent with one of the most breathtaking panoramic views in the world, extending all the way to Kea and the Peloponnese on a clear day. The

Temple of Poseidon was built in 44 B.C., and many of its original Doric columns are still standing. One of the columns has a graffiti left by none other than Lord Byron in the early 1800s. The precipice is a sheer 197 foot drop to the sea.

Duration: 4 hours (in the afternoon), **Price:** 28 € per person



EPIDAUROS – MYCENAE



Explore the remains of the ancient city of Mycenae a major centre of Greek civilization from 1600BC to 1100BC. We will depart via the coastal National highway for the **Corinth Canal** (short stop), we will drive to **Mycenae** to visit the archaeological site, home to the kingdom of mythical Agamemnon. We will also visit the Palace, the Lionesses Gate and the tomb of Agamemnon. Before lunch an optional stop in a pottery factory is recommended. After lunch we will proceed to **Nauplia** the first capital of modern Greece with its Venetian fortress of Palamidi and the fortified islet of Bourzti (short stop). We

will continue our drive to **Epidaurus** and visit the ancient theatre. The UNESCO'S world heritage listed monument is reputed to be the birthplace of Apollo's son Asklepios, the healer and was the most celebrated healing center of the classical world. Epidaurus is probably most famous for its theatre, one of the best preserved classical Greek buildings and still used today due to its amazing acoustics.



Duration: 10 hours, **Price:** 63 € per person

ONE DAY CRUISE AEGINA - POROS – HYDRA*



Take a cruise from Athens to the fabulous Greek islands of Hydra, Poros and Aegina for a relaxing day on the sea. With all your transport, transfers and lunch organized, you can sit back and enjoy your leisurely cruise with free time on each island to explore. After transferring from Athens to Piraeus by motor coach, you'll set sail for the island of **Hydra**, where you'll have free time for strolling, shopping and swimming. Next, stop on to the island of **Aegina**. Upon arrival in **Aegina** you can either join an excursion to the Temple of Aphaia (cost not included) or take a walk around the

main town. Aegina is one of the islands of Greece in the Saronic Gulf. The lovely island is only 31 miles (50 kilometers) from Athens, and is a popular getaway for Athenians during the summer months. After lunch served on board, you'll sail to **Poros** in the southern Agrosaronic Gulf. You'll have free time to explore Poros - perhaps you'd like to visit ancient Trizina, the ruins of the Russian Dockyard or take a romantic stroll in the Lemon Forest. After sailing back to Piraeus port you'll be transferred to Athens.



* The order in which we shall visit the islands is either Poros – Hydra – Aegina or Aegina – Poros – Hydra which does not change the duration of stay on any of the islands.

Duration: 11 hours, **Price:** 80 € per person

